



ACCESS TO GUIDANCE AND LEARNING SUPPORT DURING LOCKDOWN

Lockdown can be really tough for some and its ok to feel overwhelmed and stressed. There is a lot of support out there for you to use and below are some people who can help.

Email and phone details for the school support services team:

Ann McKenzie – HOD – counsellor – 021 090 26725 – amckenzie@masseyhigh.school.nz

Jessica Channon – counsellor – 021 090 29179 – jchannon@masseyhigh.school.nz

Angela Whyte – SENCO – 021 090 21681 – awhyte@masseyhigh.school.nz

Lisa Pyne – Learning Support Co-ordinator – lpayne@masseyhigh.school.nz

Fleur Knowles – counsellor – fkowles@masseyhigh.school.nz

We are available to support during work hours and can also be reached on Teams. If you feel your child is at risk then please contact the 24-hour Crisis Line on 0800 800 717 who will help direct your care.

Below are national some support lines which you and your child can call:

Health-line (24-hour phone line) 0800 611 116 FREE

Youth-line (24-hour phone line) 0800 376 633 FREE
FREE TXT 234 talk@youthline.co.nz

Need to Talk? (24-hour phone line) FREE TXT or Call - 1737

The Lowdown FREE TEXT 5626. www.thelowdown.co.nz

Stay safe and Kia Kaha.